







### Past Medical History Survey

Patient Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Referring Physician: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Last MD Appointment: \_\_\_/\_\_\_/\_\_\_ Next MD Appointment: \_\_\_/\_\_\_/\_\_\_

The following is very important in our evaluation process. Please fill out these forms as specifically as possible to provide us with a clear picture of your present pain and functional status.

*Do you have any history of the following?*

"	Yes	No
"		
High blood pressure		
Circulatory problems		
Heart trouble		
Pacemaker		
Epilepsy		
Diabetes		
Pregnancy		
Blackouts		
Visual disturbances		
Headaches		
Weight change (more than 15 lbs)		
Respiratory ailment		
Ringing in ears		
Bowel or bladder		
Malignancy		
Stroke		
Aneurysm		
Pelvic		
Tail bone injuries		

Please advise of any know allergies: \_\_\_\_\_  
\_\_\_\_\_

If you checked yes to any of the above, is your Dr. addressing these issues Yes \_\_\_\_\_ No \_\_\_\_\_

MEDICATIONS: Please list any medications that you are currently taking.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## THE LOWER EXTREMITY FUNCTIONAL SCALE

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your lower limb Problem for which you are currently seeking attention. Please provide an answer for **each** activity.

**Today, do you or would you have any difficulty at all with:**

	Activities	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
1	Any of your usual work, housework, or school activities.	0	1	2	3	4
2	Your usual hobbies, re creational or sporting activities.	0	1	2	3	4
3	Getting into or out of the bath.	0	1	2	3	4
4	Walking between rooms.	0	1	2	3	4
5	Putting on your shoes or socks.	0	1	2	3	4
6	Squatting.	0	1	2	3	4
7	Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
8	Performing light activities around your home.	0	1	2	3	4
9	Performing heavy activities around your home.	0	1	2	3	4
10	Getting into or out of a car.	0	1	2	3	4
11	Walking 2 blocks.	0	1	2	3	4
12	Walking a mile.	0	1	2	3	4
13	Going up or down 10 stairs (about 1 flight of stairs).	0	1	2	3	4
14	Standing for 1 hour.	0	1	2	3	4
15	Sitting for 1 hour.	0	1	2	3	4
16	Running on even ground.	0	1	2	3	4
17	Running on uneven ground.	0	1	2	3	4
18	Making sharp turns while running fast.	0	1	2	3	4
19	Hopping.	0	1	2	3	4
20	Rolling over in bed.	0	1	2	3	4
	<b>Column Totals:</b>					

**Minimum Level of Detectable Change (90% Confidence): 9 points**

**SCORE: \_\_\_\_ / 80**

**Please submit the sum of responses to ACN.**

*Reprinted from Binkley, J., Stratford, P., Lott, S., Riddle, D., & The North American Orthopaedic Rehabilitation Research Network, The Lower Extremity Functional Scale: Scale development, measurement properties, and clinical application, Physical Therapy, 1999, 79, 4371-383, with permission of the American Physical Therapy Association.*